

**CELEBRATING**

**21**

**YEARS OF IMPACT**

Next

# Who we are and **what we do**

**Roll over to reveal more:**

Safe Ground Ltd. Registered Office: Tuition House, 27-37 St Georges Road, London SW19 4EH.  
Registered Charity No: 1048181. Registered Company No: 03080847

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## Chair's Report

Adam Stebbings

Being Chair of a small charity is a remarkably enjoyable challenge. As interim Chair, I have had the interesting task of supporting Charlie and the team through a short period of significant internal changes set against a longer period of more profound change in the **political and funding environment** in which Safe Ground works. Safe Ground now has a completely new team, including fulltime business Development and Operations Directors and a new Chair, Diane Lennan. The charity is also developing new areas of work, especially in the field of arts and community where many of its existing portfolio of programmes can be transferred.

I am always impressed by the ways in which **small organisations** are able to respond quickly to sudden shifts in their environment and seem, in the case of Safe Ground, able to also prepare, think ahead, plan and project into an almost completely uncertain future.

I am immensely **proud of** the work we do at Safe Ground - my own experience as a mentor to young people in prison in London and of working in and running a small charity myself, is that the **value of our contributions** are multiplied and amplified by the **impact they have on individuals, institutions and families**, much of which we never get to see.

Safe Ground is an organisation for which I have great fondness and which continually forces me to think again and again about why we do what we do, how we could do it better or at a lower cost, how we can best demonstrate the **impact of our work** and how we **maintain our integrity**.

"Each topic and exercise was enjoyable and useful, the course as a whole was very supportive and taught a good amount of appropriate lifetime skills"

**Our Own Stories participant, HMP Styal**

These questions are worth asking on a regular basis, not only because they encourage and support **good governance, but because they can be applied to each of us individually - each time I am asked** as a Chair to consider the **why, how and what** of Safe Ground's work, I am, on some level, connecting with my own **core values** and re-visiting the very reasons I believe in our work at all.

Safe Ground does make a **difference to people's lives and to the debates that shape and influence our criminal justice policies**. Without its effort and that of the many **partner and allied organisations** with which we work, our entire **social justice agenda** would look very different and possibly much more punitive and exclusionary. Whilst no one at Safe Ground thinks the work is over, everyone here does believe it is absolutely imperative that, as an organisation we can talk and think about social injustice and **harms and what we can all do to reduce their impact**.

I have enjoyed being the interim Chair of Safe Ground and now return to my role as Treasurer. I welcome our new Chair of Trustees, Diane Lennan, who assumed this role at the start of 2017.



Richard at MOVING.HOME. symposium performing his play "Blue"



# Executive Director's Report

Charlotte Weinberg

2016 is our coming of age. We turn **21** this year and it has been a time for reflection, development and planning.

According to the trusty font of all knowledge, Wikipedia, **coming of age** has various manifestations and ranges from 14 to 18 to 25 years, across a range of cultural and religious communities.

In the UK, we are one of the only countries in the world to have an age of criminal responsibility as low as 10 (in China it is 14); and we allow young people to marry, join the forces and leave home or Local Authority care at 18. Of course, legal status is only one part of being an adult and for many young people, including many of the young people and adults we work with, **adulthood in some sense begins long before childhood ends.**

For Safe Ground, our **independence** from government funding ended a year ago, when our final central government grant closed. We had had two years to prepare for the transition to new and alternative funding routes, much of which had been discussed by NOMS and the 'sector' as coming through **Transforming Rehabilitation** and what were to be the new Community Rehabilitation Companies.

Safe Ground was adult enough in its outlook to imagine TR a) taking longer than planned and b) not necessarily enabling the kinds of **high quality, consistent and continual delivery** ourselves and our **colleague organisations** ideally want to be able to embed across the secure estate and our communities nationally.

Safe Ground therefore, planned to survive without the **positive impact** we had projected was possible via TR and, as it turns out, we were right to do so. Despite TR not yet having enabled us to deliver any of our work anywhere, we have during the last 12 months, been able to **continue to deliver our services in a smaller network**, invest in some very important internal and structural changes (see **page 5** and **page 12**) and take the time to do what we ask our participants to do in our programmes; **think, reflect and consider, as a group**, how best to move forward.

The year is a cause for celebration for Safe Ground- we have achieved a significant **milestone** and this report is as much a way of sharing some of our successes, failures, growing pains and **impact** as we prepare for the year ahead re-imagining ourselves as entering a new phase of our organisational life.

Change and growth implies difference- loss, departure, transition and shift. All of this has been true for Safe Ground not only this year, but over our 21-year history and this report aims to give **thanks and recognition** to many of the people (probably too many to mention, but all very much in mind and heart) that have got us to here, supported us and challenged us, pushed us, pulled us, carried us and walked alongside us to where we are now.

We look forward to continuing the journey and want to thank everyone that has been part of it so far. Here's a look at some of what we've done and some of what we plan to do next. It is the **Board and staff team** at Safe Ground that make everything we do happen. My role is of enormous privilege and means I get to be seen the most, but actually, it is the staff delivering, planning, organising and coordinating all our work that really need to be made visible- it is their commitment, passion, determination and skill that create the kinds of projects we can demonstrate in the following pages. I am inspired and driven to support them the very best I can.



Installation of prisoners letters at our Open House event

# MOVING.HOME.

Each year Safe Ground holds a policy event, bringing together people with criminal convictions, their families, Prison Service staff, academics, practitioners, artists, community members, policy makers and other interested parties to discuss relevant issues that we identify through our year's work.

2016 marked Safe Ground's 21st Birthday, with our symposium **"MOVING. HOME."** This was the culmination of a year-long series of public events to celebrate the occasion. At this important milestone we took a moment to examine the terrain in which we operate. The aim of MOVING. HOME was to captivate, challenge and provoke ideas. Looking at why we do our work, how we work and who we work with in the current social, political, and economic environment. We raised and invited questions of belonging, safety and security.

Our annual events create discussion, thought and an open space for participants to voice their opinions. This encompasses the role Safe Ground plays in bringing a community together to discuss social issues and generate realistic change.



Baroness Helena Kennedy, Safe Ground Patron, keynote speaker at MOVING. HOME. symposium talking policy, civic and personal responsibility



## The Thinking Home Experience

April 2016 Written by a Safe Ground alumni member

As I get on the train again I remember yesterday journey. LONG! 28 stops on the central line. Then a ride, 30 minutes on a coach to Ingatestone. So how do you open gate in a stone? Anyway, then the train. Colchester. We arrived. Taxi to the Firstsite art gallery. Wow, what a nice structure. The building is lovely. Different!! Oops, I forgot to say I met Obinna at Liverpool Street train station (he's never remember is he!!!?? ha ha lol).

We quickly meet Ros Green, Director of the Essex Book Festival, and then we are taken to see Sanja Bahun, who will be chairing the panel that Obinna and I will be participating in. As we enter the auditorium she's at the back having trouble with a PowerPoint program. Where are early so we grab a drink and smoke. Then wait for the first panel. It's a guy Obinna knows. He talks about the Beowulf poem and down the poem, its serious trust me. Take a couple of quick pictures and listen carefully. We are very engrossed. Chris (McCully) runs overtime and there is a break.

I exit to the toilet. Come back to the Auditorium and take a couple more snaps before linking back with Obinna in the front foyer for a drink and a snack. I spot Lucy Popescu. I recognise her from the Free Word Centre event I was involved in last year. Me and Obinna talk about it and get ready to go in and listen to the next panel has to say. It begins with Lucy doing the introductions. I believe she starts with Tim Finch, then Glenys Newton and Delaine Le Bas. It's a discussion about migration inspired by the University of Essex art exhibition Safe European home? Stereotypes are kicked about, immigration, refugees, people who have had a very hard time. Tim Finch is quite vocal and seems to dominate proceedings. When Glenys is trying to say something he interjects. She's a woman who's seen a lot of human suffering first hand, where I'm not so sure this guy Tim Finch has? Glenys is reserved but strong. She learned to

tell stories, folk tales, history, lessons of old and also listen. Then Delaine les Bas makes a presentation. It's a mixed media art, PowerPoint presentation with a powerful message and a strong narrative about loss of identity in Europe, as well as finding a safe European home. I enjoy it a lot. The discussion is opened up and questions asked. Delaine gets across a message about Roma gypsies unwritten history. It shows how important it is to have storytellers like Glenys. My brain is working and I think of how many traveller lads I've met in prison who cannot read or write. So how important is storytelling to them. We break for lunch.

Me and Obinna hit the road and walk through town Colchester looking for certain fast food restaurant. It's a nice town but we lose our way. I'm a fussy eater, after a long brisk walk through town we settle for pizza. I don't enjoy it.

Back at Firstsite and we meet up with our fellow panellists. Sanja get a round of drinks. Cindy and Abigail from the Colchester and Tendring Women's Refuge are introduced, followed by writer and poet Damian Le Bas and finally Lorna Fox O'Mahony, Professor of Law at the University of Essex. Conversation starts as to why we are all there and Damian explains he's writing a book about Roma gypsy people travelling spots round the country. He grew up settled and only took up travelling later in life. Lorna explains about the housing laws and squatting laws and such. I explain that I'm here to represent Safe Ground and highlight the good work they have done. Even though I'm homeless, it is Safe Ground who have help me to achieve some amazing stuff. Damian says he recognises me from the event at the Free Word Centre. Obinna explains his role at Safe Ground and Cindy speaks a bit about the refuge. Abigail also has her say. These two women are quietly spoken but have an important message.

# MOVING.HOME.

We enter the auditorium. The seats on stage are different. There is a sofa in the middle with two seats on one side of it and three on the other. Me and Obinna take one side Cindy and Abigail take the other two leaving one for Sandy with Lorna and Damian on the sofa. Sandy starts and intros are made.

Before she can even begin the panel a woman in the audience interrupts and gets emotional about being homeless with her daughter and being emotionally abused and getting no help. Sanja explains that we will get round to question and answers and continues with the introductions. The refuge ladies first, Lorna, Damian and then Obinna and myself. The discussion begins and questions are asked. It's very interesting the answers that people give. I explain how the Safe Ground programmes I did helped me to rebuild my life and motivated my desire to be free from prison. Family Man, Man Up and Transitions. That the help and support has been ... GREAT. Simple. The opportunity that Charlie and Obinna along with Safe Ground has allowed me to feel like have contributed to the world.

Try start your day with the thought to put a smile on another human being face.

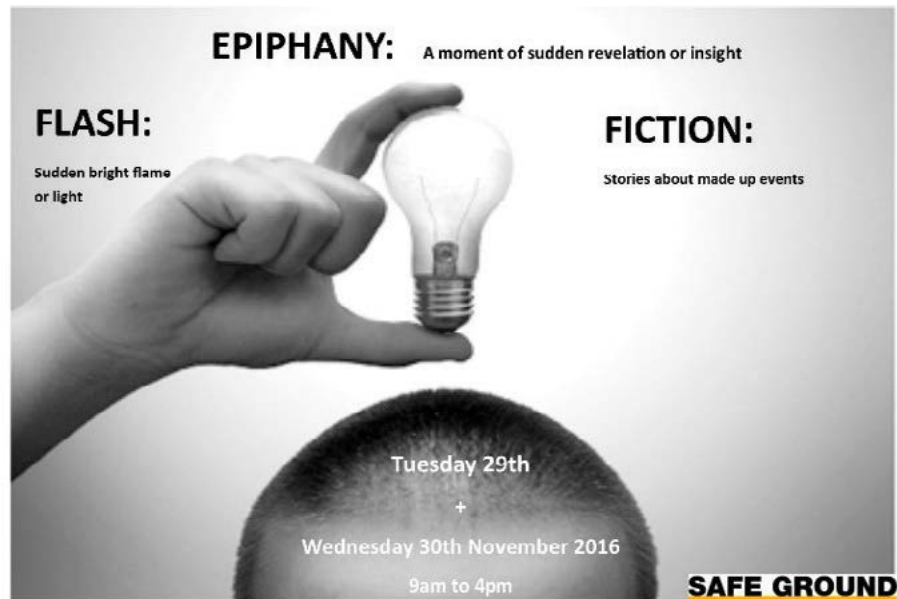
*Thanks Gus.*



# 21st Birthday

This year marks our 21st birthday and we have looked at our **achievements** and how Safe Ground has grown to become a **leading organisation** in **evidence based arts programmes** that challenge the way people in prisons and the community relate.

We asked Safe Ground staff for three words they associate with our work. Here is how our team describe the 21 years we have spent dedicated to our mission:



**Collaboration** is key for Safe Ground. We aspire to work with people and organisations that use arts and education to help people in prison and community settings to express themselves and reflect upon their own and each other's experience.



MOVING.HOME. symposium 2016

## 21st Birthday

This year we have delivered **5 Man up training days**, enabling more staff to be supported to deliver our programme with confidence. Early results that show Man Up has a direct impact on **men's opinions around fixed ideas of masculinity** and who deserves 'respect'.

We are constantly developing our ideas and programmes whilst remembering the reasons Safe Ground was founded. Constantly linking our work in the community and prisons with arts methodology, we remain driven by the power of discussion. Focusing on the participants and the **long-term impacts of our work** continually reminds us of our core purpose, in our Memorandum of Association from 1995, our objects state:

*"The Company is established to advance the education of the public, in particular but not exclusively prisoners in the arts, specially the art of drama, literature and poetry and use the arts to rehabilitate prisoners by promoting and developing their creative and artistic abilities"*

**Quality** assurance is a vital element of our programme delivery. We analyse each aspect of delivery to ensure our quality standards are consistent. Our quality assurance processes also enable us to use **data and programme outcomes** to inform **the development of the work and on-going training of delivery teams**. Our programme training is thorough. We offer regular training to Prison and Education staff, external freelancers and interested others who may want to develop as facilitators and who share our values and aspiration for **excellence**.



Family Man participants

# 21st Birthday

## Transformation

Over 10 years we have collected rigorous data on all our prison programmes. This information is obviously complemented by our **Data Lab results (see page 15)** and is useful in understanding Safe Ground's experience, impact and relevance in the prison context:

"The Family Man programme has made me much more aware of my bond with my family. It has also helped me to realise the damage my actions have caused to my whole family"

**Family Man participant**

## All Establishment Data 2003-15

All Establishments	All Programmes	Family Man	Fathers Inside
No. Programmes	456	237	219
Students started	7,114	3,758	3,356
Students left*	1,838	990	848
Students completed	5,385	2,831	2,554
Completion rate (%)	75.7	75.3	76.1
Average class size	11.8	11.9	11.7
Qualifications awarded	12,562	6,941	5,621
Average qualifications per student	2.3	2.5	2.2
Visitors attending Family Visit Day or Presentation (Since 2007)	8,432	4,313	4,119

This year we have our data up to date and compile new ways of demonstrating how we add value **not only to family relationships, but to employment, education and training, personal development, health and well-being and help-seeking outcomes** across our programmes in both prison and community settings.

# 21st Birthday

## Family Man and Fathers Inside

“I learnt about the different needs of my children and the importance of good communication, coping with different situations and how spending time with my children adds to everyone’s overall happiness”

**Family Man participant, HMP Parc**

**Family Man and Fathers Inside** have been delivered to thousands of men across the country and still holds a prestigious place in effective prison rehabilitation. Looking forward to the next year we intend to **review and refresh** the programmes which will bring a fresh focus to family interaction whilst maintaining the integrity and obvious **impact** of the original programmes.



Family Man participant with his daughter, HMP Ashwell, 2003

# Family Man/**Fathers Inside**

Our flagship programmes have run since 2003 and have offered participants the opportunity to explore how to be a father whilst in prison and beyond. On our 21st birthday we look at the numbers of participants and the completion rate of our programmes.

We have a staggering **96.5% completion rate** which highlights the men's dedication and commitment to our programmes. Throughout the course, detailed quality assurance visits help support delivery teams and ensure our programmes hold integrity and value.

The future of Family Man/Fathers Inside is growing and now we are 21 we are looking at developing the programme, bringing a fresh spin whilst keeping the therapeutic elements.

Students completed	5326
Completion rate (%)	96.5%
Students new to education after 3 months (%)	15.6%
Students new to employment after 3 months (%)	6.4%



Family Man, HMP Parc, 2014

# Quality not Quantity

"I first came across Safe Ground in 2011, when I was in prison. I enrolled myself on the Family man course **not knowing what to expect**.

There were many **lessons that I learnt** throughout the 6 week course. Some of them, very valuable which I **carry in my heart** to this day.

One of the main aspects of the course was it made me **look at my own childhood**, which I had locked away because it was **painful**. This gave me a better **understanding** of the reasons why I followed the path I did, which in turn made me act the way I did and end up in prison.

Two words that come to me are '**quality not quantity**'. As a child I have huge amounts of abuse both physically and mentally. I learnt to steal at an early age, when you are starved and **given no food from your parents**, you steal food for survival, when you are running away from home at 6 years old and sleeping rough at this age, you learn to break into places for shelter and warmth. **I learnt to hide** so well as **I saw everyone as my enemy** – there was **no quality of life** just a fight to survive.

Then as time goes on, you start to realise the power of money and the more you have the more you want. So your goal in life was to **get plenty** of it in **quantity**.

Then further on, **I had my own children** and to bring them up I always thought money was the answer to everything, but what the **family man course** made me realise was that **quality over quantity** is what **really matters**.

Chasing money rather than spending precious time with my children, I was too busy to give them that quality family time. Simple ordinary acts of life – bathing my children, bedtime stories, making them breakfast, taking them swimming. Being a real family man!! Taking responsibility of your life and your families, making sure that your children do not follow in your footsteps and do not end up in your position, breaking the cycle, giving **quality advice and guidance** to them.

Prison is not a quality place to be or for any child to visit their parents. The state locks people up in quantity.

Participating in this course, made me realise I have lost **6 sacred years with my family**, which no amount of time money can buy. My sons have missed many years of having a loving, caring parent by their side, and being there **when they most needed me**.

There is no other course or charity in prison in my experience like Safe Ground. Quality teachings, a quality course and a quality charity, that does so much in helping **prisoners and their families**."

**Richard, Family Man graduate, 2017**



# Justice Data Lab

Safe Ground is delighted to receive our latest **Justice Data Lab** report, for the first time including Fathers Inside for analysis. Safe Ground were the first organisation to offer data to the Justice Data Lab, which is a big risk for organisations, particularly of our size. This report clearly demonstrates the significant impact of Fathers Inside – only 24% of men who took the programme re-offended within a year of release, compared to 40% of their counterparts who did not take it.

As part of a wide range of broader, incremental, quantitative and qualitative measures, we are delighted to add Justice Data Lab analysis to our repertoire. This report includes men across 9 different establishments, including HMP Parc (Family Intervention Unit), a drug rehabilitation wing in HMP Lewes (in partnership with the Crime Reduction Initiative), HMP The Mount, HMP Hewell and Category A Prison HMP Whitemoor. Fathers Inside therefore is effective when analysed over a range of settings, with diverse populations.

In conjunction with our 21st birthday we are celebrating the incredible results that reflect the integrity and worth our programmes have for men in prison and their families.

## Overall measurements of the treatment and control groups

### For 100 typical people in the treatment group:

**24** people committed a proven re-offence within a one-year period (a rate of 24%), **16 people fewer** than in the control group

**61** proven re-offences were committed by these 100 people during the year (a frequency of 0.61 offences per person), **69 offences fewer** than in the control group

**143** days was the average time before a reoffender committed their first proven reoffence, **2 days later** than in the control group

### For 100 typical people in the control group:

**40** people committed a proven re-offence within a one-year period (a rate of 40%)

**130** proven re-offences were committed by these 100 people during the year (a frequency of 1.30 offences per person)

**141** days was the average time before a re-offender committed their first proven reoffence



## Significant results

- Both the national complex and national standard analyses provide significant evidence that **fewer participants than non-participants commit a re-offence within a one-year period** (Table 1).

**Table 1:** Number of participants in Safe Ground’s Father Inside programme who committed a proven re-offence in a one-year period, compared with control groups.

Analysis	Complex	Standard
Area	National	National
Number in treatment group	51	50
Number in control group	34,536	38,739
Treatment group rate (%)	23.5	24.0
Control group rate (%)	39.6	41.3
Estimated difference (% points)	-28.1 to -4.0	-29.6 to -5.0
Significant difference?	Yes	Yes
p-value	0.01	0.01

One-year proven re-offending rate

- Both the national complex and national standard analyses also provide significant evidence that **participants commit fewer re-offences within a one-year period than non- participants** (Table 2).

**Table 2:** Number of proven re-offences committed in a one-year period by participants in Safe Ground’s Father Inside programme, compared with control groups.

Analysis	Complex	Standard
Area	National	National
Number in treatment group	51	50
Number in control group	34,536	38,739
Treatment group frequency	0.6	0.6
Control group frequency	1.3	1.4
Estimated difference	-1.2 to -0.2	-1.3 to -0.3
Significant difference?	Yes	Yes
p-value	0.01	0.00

One-year proven re-offending frequency (offences per person)



# Flash Fiction

## Background to the Project

This project has grown out of Safe Ground's association with the University of Essex, which stemmed from the GROUNDation Poetry Project. Jonathan Crane, a PhD candidate at the University of Essex, proposed the idea after attending Safe Ground's 21st birthday Open House event in July 2016. Flash Fiction is an opportunity to maintain our relationship with HMP Wandsworth and its library and further strengthen Safe Ground's ties with the University of Essex (UoE).



The strategic aim of Flash Fiction is to continue the engagement with literature, artistic creativity, literacy and the library space. Flash Fiction will engage participants in meaningful activity that will produce the tangible outputs of public performances at HMP Wandsworth's 'Celebration of Excellence' days and the publication of a pamphlet containing the work of those that took part to be shared with family, friends, prison staff and other stakeholders.

## Flash Fiction

Early in the project's development, it was decided that Flash/Micro Fiction would be an ideal form with which to work. Due to its brevity, Flash Fiction removes the intimidating nature of having to write a long complex piece.

Programmes delivered by Safe Ground aim to help participants see themselves and their relationships differently. The theme of epiphany emerged as a way of stimulating participants' imaginations. In literature, and especially in short stories, an epiphany is a narrative technique which shows a moment of change in a character's life, a realisation or transformation.

## Aims of the Flash Fiction project:

- Individuals engage with an alternative way of learning
- Participants produce a piece of writing that is an epiphany, rendering a moment of importance, a moment when they realised something had to change, something meaningful had happened. The written piece will be between 300 – 600 words which they will perform to an invited audience at the end of the two day workshop.
- The process of writing requires self-reflection, thinking from a different point of view, as well as persistence, in that nothing anyone writes is ever perfect first time. Literacy skills and attention to detail will be enhanced through the development of ideas, discussion, rewriting and refining work.
- Participants to gain a sense of empowerment and ownership through the creation and completion of work. Greater confidence and self-esteem due to working hard individually and as a part of a group is productive, rewarding and can help in reimagining and actualising one's life choices and relationships.
- Participants have the opportunity to learn presentation and public-speaking skills through the performance of their work to an invited audience.

The workshop provided participants with a **creative space** to **produce and perform** a piece of Flash Fiction. Participants were able to develop their communication and group work skills through sharing experiences and providing support through engagement of dynamic discussion, creative writing and reflection.

"Short, snappy writing  
with huge impact"

**Participant, HMP Wandsworth**

# Flash Fiction

*I have been all around the world,* had many, many amazing experiences. Getting on long flights to far off places, to the other side of the world. I've met some fantastic people and avoided some of the world's craziest animals.

There have been many, many times that my life should have ended in an instant. And when you open your eyes, your toes are still moving, your legs are shaking, your hands are twitching, your eyes are slowly opening and squirming to see what had happened.

'Oh well!' you say. 'Shit! I'm still here, so what the fuck!' Get up and start again, OK. Lucky this time, but at least I survived. Some of my closest friends have not, and have gone for good.

In your mind you go back in time, to exquisite places, and remember the happy carefree days meditating on the isolated beaches in Sri Lanka, running for miles and swimming through the fast flowing river coming across the beach until one day...One Sri Lankan said to me in his accented English, which I love.

'You mustn't swim tru de river!'

'Why?' I asked.

'Because big crocodiles. Dey eat you. Dey eat somebody four days ago.'

So sitting here in a courtroom, looking through the toughened glass at the judge and jury, and suddenly I'm being sentenced. Some of the words I do not hear. I'm taken through the door, and downstairs and handcuffed, put in a van, in a complete daze. The van drives through the gates of the court, along a few other roads and comes to some more gates which open. There is a lot of banging and clanging. The bus comes to a stop. One and a half hours later, out of the van, up the stairs, photo taken. I'm taken into a separate room, told to undress.

'What?' I say. 'Naked?'

'Yes,' he says. 'OK?'

He then hands me a pair of blue, thin boxer shorts, and I look at him with a frown and he says,

'OK. Put them on.'

It's now I realized I am here to experience a new way of life.

**John, Participant of Flash Fiction, HMP Wandsworth**



Jason Smith, Sanja Bahun, Lucy Davies, Ellie Shepherd, Maureen Mansfield, George Barrow. MOVING. HOME symposium, 2016

# Open House

Over the 21 years of Safe Ground's life, we have worked with not only more than 5,000 individual men, but also their families and of course, a wide range of professionals, artists, academics and community colleagues.

As part of our year's celebration, we invited our friends and partners from through the years to join us for an 'Open House' at which we shared some of our history, that of HMP Wandsworth (kindly donated by HMP Wandsworth Museum) and our ideas for the future.

Our day was attended by over 50 guests, all of whom took part in a range of activities including a play, a poetry performance, a presentation of research into 'love stories' and some Safe Ground methodology.

Our guests joined us between 9am and 5pm on what was probably the hottest day of the year and certainly generated great deal of warmth with their energy, enthusiasm and generosity.

Lord Farmer was one of our visitors that day, as was Dr Tim Bateman, Gus, Richard, Jason, Antonia, Safe Ground founder and Ali Jones Moran, long standing colleague and freelancer.

The impact of an organisation over time can be measured by many things. Surely one of those things is the way in which people find the time and make the effort to keep in touch and participate in important life events.

Thank you to all our supporters, friends, allies, colleagues, critics and participants, staff, Board members and volunteers for making the last 21 years possible and for being around to celebrate with us.

Here's to 21 more.



Charlotte Weinberg talking at the Open House at our previous office, 2016

# Impact

In line with Safe Ground's evidence based methodology, **Man Up** uses active learning techniques to explore ways in which concepts of masculinity contribute to shaping identity. Man Up aims to support men to be able to challenge some of the narrow stereotypes often presented as embodying the characteristics men should aspire to fulfil.

Man up has been delivered in 8 London prisons including HMPs Wandsworth, Feltham, Isis, Pentonville and Wormwood Scrubs, 4 Youth Offending Teams across Yorkshire and in HMPs Glen Parva and Wetherby. The programme has been evaluated once (across 3 London sites during pilot delivery) and is currently being evaluated across YOT sites in Yorkshire.



Family Man activities, HMP Parc 2014

# Our Own Stories

**Our Own Stories** is a unique, bespoke programme designed in consultation with Novus, for women in prison. The programme has the potential to engage women who rarely attend education, to improve confidence and relationship skills and to enable women to cope with their situations in more constructive ways.

“Each topic and exercise was enjoyable and useful, as the course as a whole was very supportive and taught a good amount of appropriate lifetime skills”

**Our Own Stories participant, HMP Styal 2016**

## Officers' Mess

Officers' Mess is designed to specifically offer Prison Officers a space for both structured peer support and external supervision in coping with the stresses of the job. The programme is aimed at working with Officers to understand, reflect on and question their own relationships to power, authority and control, their role and the impact of it upon their personal and professional lives.

- We have delivered Officers' Mess in HMP Pentonville, HMP Wormwood Scrubs and will be delivering the programme in HMP Berwyn during 2017.

## Family Man Community Project

Family Man in the Community was adapted from Family Man to support men involved in the Criminal Justice system. The programme is run over 14 sessions and aims to provide family support and personal development opportunities for men in the community who want to have better family relationships. During the course students discuss and address issues that affect them and their families, and learn skills that will help them with communication and planning for the future.

- We have run this programme 4 times, with 20 men between 2013-15 in Hampshire probation. We expect to deliver the programme again with men referred by CRC and NPS teams in the future.

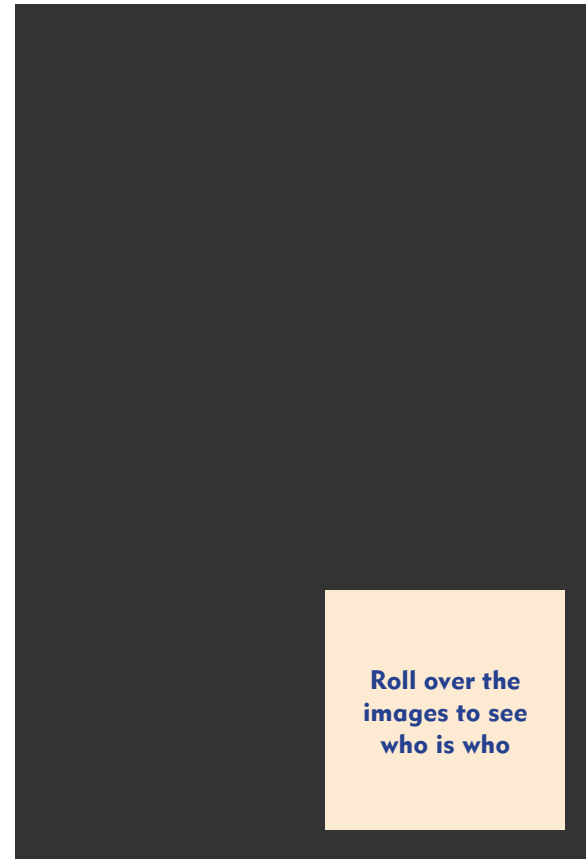
# Board and Staff

## Board

The Board of Trustees of Safe Ground play a huge role in ensuring not only the legal compliance of the organisation, but also the strategic direction, integrity and value base of the founding principles are respected. We are very lucky to have a loyal and long standing Board, that share our values and vision.

## Staff

This year Alison Sidaway and Rachel Irving left to pursue freelance positions. Jatinder Kailey and Obinna Nwosu moved on to work for arts organisations.



# Acknowledgements

Acknowledgements This report and all the work Safe Ground has managed to complete over the last year would not have been possible were it not for the considerable and ongoing contributions of all our multiple partners, allies, supporters, participants and funders. This year was made possible by the generous support of:

The Esmée Fairbairn Foundation

Henry Smith Charity

The Tudor Trust

*Thank you.*

# Acknowledgements

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# Financial Review & Summary of Accounts

	Year Ended 31/3/17			Period 1/1/15 to 31/3/16
	Unrestricted funds £	Restricted funds £	Total funds £	Total fund £
<b>INCOME AND ENDOWMENTS FROM</b>				
Donations and legacies	141,410	106,131	247,541	649,166
Investment income	428	-	428	662
Other income	3,517	-	3,517	2,705
Total	145,355	106,131	251,486	652,533
<b>EXPENDITURE ON</b>				
Charitable activities	232,775	76,300	309,075	523,721
<b>NET INCOME /(EXPENDITURE)</b>	(87,420)	29,831	(57,589)	128,812
<b>RECONCILIATION OF FUNDS</b>				
Total funds brought forward	315,978	-	315,978	187,166
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>228,558</b>	<b>29,831</b>	<b>258,389</b>	<b>315,978</b>

#### CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

#### Safe Ground, Year ended 31 March 2017

The charity has no recognised gains or losses other than the results for the year as set out above. All of the activities of the charity are classed as continuing. The statement of financial activities complies with the requirements for an income and expenditure account under the Companies Act 1985.

The summarised accounts above may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. For further information, the accountant's report on these accounts should be consulted. Copies of these can be obtained from Safe Ground, 2 Langley Lane, London SW8 1GB.

